

My Country Doc ~ MEMBERSHIP BENEFITS

Service	Pre-Payment	Access card	Non member
Private Number only for Members that provides direct access to physicians 24/7	Included	Included	N/A
Access to same-day appointments	Included	Included	N/A
Online Appointment Scheduling	Included	Included	available
Prescription Medication refills *	Included	Included	\$25-65
Simple Consults via phone *	Included	Included	\$25-65
Simple Consults via email/video conf. *	Included	Included	\$30-65
Travel Consultation (inoculations)	Included	Included	\$95+innocul.
15% discount on home visits *	Included	Included	N/A
Special benefits from preferred specialists	Included	Included	N/A
Special benefits from preferred labs	Included	Included	N/A
Compose letters or fill in forms	Included	Included	\$15
Comprehensive physical exam Thorough review of medical history, family history, surgery, allergies, immunization and complete exam evaluating all major organ systems.	Included with initial evaluation	Included with initial evaluation	\$300
Proactive health review One and half hour of physician time researching your case and constructing a brief treatment plan. Our philosophy is in accord with the principle of "keep it simple" and "do it right the first time". **	Included with initial evaluation	Included with initial evaluation	\$195
Limited initial examination Evaluation of simple problems generally less than one hour	Included	Included	\$125
Follow up examination(s)	Included	\$20	\$65
Screening and preventive testing Full Screening and preventive testing, including EKG, Blood Count, Lipid panel (to measure cholesterol), liver and kidney function, thyroid, urinalysis, hearing, lung capacity, prostate (men over 50) and allergy testing	Included	Included	\$5-200 depending on test
10% discount on Rx provided in office	Included	Included	Cost+10%
Durable medical equipment loan or rent	At cost	At cost	Cost+10%

<p>Procedures</p> <p>Incision and drainage abscess</p> <p>Excision of skin lesion</p> <p>Trigger point injection</p> <p>Joint injection</p> <p>Injection carpal tunnel</p> <p>Injection Dupytren's contracture</p> <p>Nerve block – low back pain</p> <p>Varicose vein sclerotherapy</p> <p>Anoscopy – hemorrhoid care</p> <p>Sigmoidoscopy</p> <p>Male sterilization</p> <p>Cyst aspiration - breast</p> <p>Special testing & monitoring</p> <p>Ultrasound – carotid stenosis</p> <p>Ultrasound – thyroid (mass)</p> <p>Ultrasound – abdominal aorta AAA</p> <p>Ultrasound - gallstones</p> <p>Ultrasound – breast (mass)</p> <p>Ultrasound – testes (mass)</p> <p>Vascular-ankle brachial index</p> <p>Vascular-venous for DVT edema</p> <p>EKG & Holter testing</p> <p>Pulmonary function testing</p> <p>Pulse oximetry SaO2</p> <p>Diabetes monitoring</p> <p>Anticoagulation monitoring</p> <p>Home vitals remote monitoring</p>	<p>Variable- cost given at time of service according to time and complexity involved.</p>	<p>Variable- cost given at time of service according to time and complexity involved.</p>	<p>Variable- cost given at time of service according to time and complexity involved.</p>
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* To access this service you must be an established patient for obvious reasons

** PROACTIVE HEALTH - your problems list is reviewed on a regular basis whether the you are seen or not to determine if the recent literature contributes to your care. My private data base and search capabilities records active problems and reports to the patient about any applicable advances in treatment. Of course, I welcome any inquiries that my patients have regarding advertisements or news relevant to their condition.